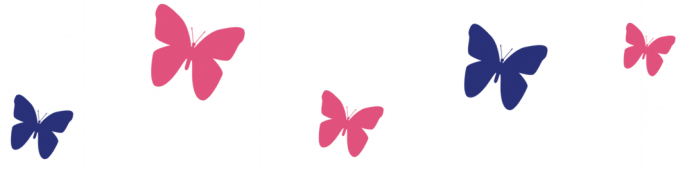


# Beauty Be mine



... for the best that you can be

dermalogica PRO®

## pro power peel

### POST-TREATMENT CARE INSTRUCTIONS

Your full participation during and after the Pro Power Peel treatment will determine the outcome. It is important that you strictly adhere to the care & product regimen that your Skin Therapist has recommended. It is possible to have a poor reaction or less-than-expected improvement of the skin. No guarantee is made or implied regarding your precise results, peeling times or discomfort.

After your treatment you may experience some tightening of the skin, which may last for several days. Light flaking may begin within 1-3 days and will usually subside within 7-10 days; however, it is impossible to predict this shedding process. **DO NOT pick any loose/peeling skin as this may cause discoloration.**

See over for specific post-treatment procedures.

*If you have any concerns following your treatment,  
please contact Beauty Be Mine on 020 8329 9476*

If you are having a course of treatments, please remember that you cannot have a Pro Power Peel treatment if you:

- have had a resurfacing skin procedure such as laser, light therapy, microdermabrasion or chemical peel within two weeks of your proposed peel;
- have had botox or other injectables in the week before your proposed peel;
- have used Isotretinoin (Accutane) in the past six months;
- have waxed in the 72 hours preceding your proposed peel;
- have a contagious skin disease or infection such as an active cold sore;
- are pregnant or lactating.



Please follow the post-care instructions below, and notify Beauty Be Mine if you have any concerns or adverse reactions.

**1** Apply a broad spectrum physical sunscreen (minimum SPF30) **daily**, such as Dermalogica Super Sensitive Shield SPF30 or Skin Perfect Primer SPF30

**5** On the night of treatment you can rinse your face with cool water & cleanse with Ultra Calming Cleanser, then moisturize with calm water gel (included in the Pro Power Peel- Post Procedure Kit)

**2** Avoid direct sun exposure for 2-3 weeks to prevent hyperpigmentation & wear a wide-brim hat if you must be in the sun.

**6** Do not wax or use any type of exfoliation products for 72 hours, or until your skin shows no signs of sensitivity on the treated areas.

**3** Avoid strenuous exercise or any activity that could lead to increased circulation to the face for 24 hours following treatment, such as dry saunas or steam rooms; these activities increase blood circulation to the face, which can lead to discomfort, redness, swelling or other side effects.

**7** Continue to use the products included in the Pro Power Post- procedure kit for the duration of the peeling process or for 2-3 days following treatment. Moisturise throughout the day as needed to maintain hydration & decrease the appearance of flaking.

**4** Increase fluid intake for the next 2-3 days.

**8** Do not pick or peel at scabs, blisters or loose skin as scarring may occur.