

# IPL

*(Intense Pulsed Light)*

Safe & effective laser treatment for the removal of hair on face & body and reduction in thread veins



## INFORMATION & PRICES

*IPL - Intense Pulsed Light - is a new technology to remove unwanted hair on the face or body and can also be used on thread veins, pigmentation, age spots and acne, as well as for skin rejuvenation.*

*This safe and effective laser treatment is available at affordable prices, with treatments performed by our fully licensed, insured and certificated laser specialists here at Beauty Be Mine.*

*Treatments are tailored to your individual needs, aiming to give you the optimum long term results.*



*Beauty  
Be mine*

*... for the best that you can be*

**020 8329 9476**

## **How does IPL HAIR REDUCTION work?**

The IPL light is attracted to the melanin in the hair and absorbed, producing a heat reaction that destroys the hair follicle. Due to the new technology of our IPL machine, light hairs and all skin types can now be treated.

## **How does IPL THREAD VEIN REDUCTION work?**

Thread veins (spider or broken veins) can be treated in just a few quick, easy treatments helping to reduce overall facial redness, reduce blushing, be rid of broken veins or red spots and have clearer, fresher looking skin. The IPL light is attracted to the haemoglobin in the blood vessels causing a heat reaction which coagulates the blood and destroys protein in the wall of the vessel. The vessel then breaks down and the debris is removed by the body's natural waste disposal system.

## **What areas can be treated?**

**Hair reduction:** Most areas of the body can be treated except for around the eye. We cannot treat areas where there are tattoos or which have sun exposure damage.

**Thread veins:** We can treat thread veins on the face, neck and chest. We can also treat thread veins on legs but this may not be as successful as other areas.

## **Is the treatment permanent?**

**Hair reduction:** On average, 85% - 95% of the lasered hair is permanently gone after the recommended course of treatment.

**Thread veins:** After the recommended course of treatment, there should be a permanent reduction in thread veins. Treated thread veins on legs may reappear after time due to the constant pressure on them.

## **Does the treatment hurt?**

You may experience slight warmth for a fraction of a second when the laser is pulsed but the treatment should not be painful due to the cooling system within the IPL machine.

## **How many treatments will I need?**

**Hair:** Initially, you'll need a treatment about once a month for between 6 to 10 months. After that, you may need 1 or 2 maintenance treatments a year. Results vary depending on the part of the body and your hair/skin type. Treatment intervals of 3 - 6 weeks, depending on hair type.

**Thread veins:** 3 - 4 treatments depending on the size and severity of the veins. Treatment intervals are 4 - 6 weeks.

### **Why do hairs appears to grow after the treatment?**

After your treatment, the hairs will continue to grow but will start to shed 7 - 10 days after the treatment. You can help the shedding process by exfoliating the area.

### **How long will the treatment take?**

Treatment times vary depending on the size of the area being treated. **Hair reduction** on small areas such as the chin or underarm take around 20 minutes whereas larger areas such as full back or full legs can take up to 2 hours.

**Thread veins** tend to take around 10 minutes as the treatment area tends to be small.

### **Are all IPL machines the same?**



No. Our NRG ICE machine has a cooling system within the machine which means that large areas of the body can be treated without the pain associated with other hair removal systems.

The cooling system also means that light hairs can now be treated but generally need more sessions. We believe that our NRG ICE machine gives much quicker results and reduces ingrown hair and skin reactions.

### **Do I need to do anything before a treatment?**

For **30 - 60 days** before treatment you must not sunbathe or use a sunbed/UV lamp and you should avoid self-tanning products.

In the **7 days** before treatment you must not:

- have electrolysis
- wax
- bleach or use depilatory cream
- use anti-inflammatory medication (this includes ibuprofen & aspirin)

You should not smoke in the **4 hours** before a treatment.

### **What do I do after a treatment?**

For **24 - 48** hours after a treatment you should avoid:

- cosmetics & perfumed products
- swimming, exercising
- saunas, steam rooms, hot baths, excessive heat
- scratching, picking or touching the area

For **30 - 60 days** after a treatment wear a minimum of Sun Protection Factor 30 when outdoors and avoid exposure to sun beds and the sun.

Pure Aloe Vera gel should be used for 48 hours after treatment if any reaction persists.